



**HOURS  
a week**

Typical time spent raising children  
and caring for aging family members  
for Sandwich Generation woman

How much Sandwich Generation women  
stand to lose in lifetime earnings and  
social security benefits

\$100,014  
\$212,315  
\$222,929  
\$324,034  
**\$324,044**

**SG WOMAN  
CHALLENGES**



Achieving personal balance,  
maintaining relationships,  
managing finances

# 20 YEARS

The number of years the stress can  
take off the family caregiver's life



**60 Percent**

The average loss of financial ability  
over the 10 years preceding the  
onset of dementia

**90 PERCENT**

Number of women concerned about  
potential consequences of making  
financial decisions in stressful moments

**16 TO 32 PERCENT**

Number of female caregivers who die  
prior to the death of their patient (their  
husband) in last five years